

Chadderton FC Juniors – Covid-19 Training Risk Assessment



Hazard	Who is at risk and how?	Control measures	Person responsible
<p>Vulnerable coaches / players</p> <p>Coaches / player interactions in close proximity</p>	<p>All stakeholders including coaches and players who may become infected and suffer ill health from exposure to COVID-19</p>	<p>Club committee to implement all latest relevant government advice and clearly communicate guidance to coaches and parents/players.</p> <p>Coaches and players who are classified as clinically extremely vulnerable – as defined here, must not attend training. Coaches who live with someone who is extremely vulnerable must also not attend training.</p> <p>Coaches and players who are classified as clinically vulnerable – as defined here, must take extra care in observing social distancing.</p> <p>Any coaches or players developing coronavirus symptoms, however mild, must not attend training and should remain at home for a minimum of 7 days from when their symptoms started.</p> <p>Any coaches or players who live with someone who has coronavirus symptoms (or has been told to self-isolate because they have come in to contact with someone who has tested positive) must not attend training and should remain at home for a minimum of 14 days from the onset of symptoms (or for 7 days if they develop symptoms).</p>	<p>Club Committee</p> <p>Coaches / Players / Parents</p> <p>Coaches / Players / Parents</p> <p>Coaches / Players / Parents</p> <p>Coaches / Players / Parents</p>
<p>Social distancing</p> <p>Inappropriate coaches / players</p>	<p>All stakeholders including coaches, players and parents who may become</p>	<p>Coaches will consistently apply a 2m gap during training (with the exception of administering first aid, see below) including break times. Parents need to be aware that some players may inadvertently forget at times.</p>	<p>Coaches / Players</p>

<p>/ parents mixing and movement around school premises</p>	<p>infected and suffer ill health from exposure to COVID-19</p>	<p>No tackling, no small-sided games (matches), no touching, no high fives AT ANY TIME. Avoid drills where players have to queue.</p> <p>Strict limit of 6 people per group including the coach (there must be another adult present for safeguarding, but this person does not need to be counted in the group of 6 as long as they are purely spectating from a safe distance)</p> <p>Two coaches could take their own group of 5 players to train at the same venue and time, providing there is enough space between the groups. The coaches and players must not mix groups during the session.</p> <p>Players' drinks must be placed 2m apart for break times.</p> <p>Parents staying to watch must maintain a distance of 2m from each other.</p>	<p>Coaches / Players</p> <p>Coaches / Players</p> <p>Coaches / Players</p> <p>Coaches / Players</p> <p>Coaches / Parents</p>
<p>Equipment</p> <p>Contamination from training equipment</p>	<p>All stakeholders including coaches and players who may become infected and suffer ill health from exposure to COVID-19</p>	<p>No bibs to be worn</p> <p>All balls and cones to be cleaned before each session</p> <p>Goalposts to be wiped down before each session</p> <p>Players are not to handle the ball (except for goalkeepers wearing goalkeeping gloves) or other equipment.</p>	<p>Coaches / Players</p> <p>Coaches</p> <p>Coaches</p> <p>Coaches / Players</p>
<p>Personal protective equipment (PPE) / First Aid</p>	<p>All stakeholders including coaches and players who may become infected and suffer ill health</p>	<p>Coaches / players to observe good hand hygiene before and after training. The best way to do this is to wash hands for at least 20 seconds with soap and warm water, however, should coaches/players choose they can use their own hand sanitizer (70% alcohol recommended).</p> <p>We do not recommend the use of surgical gloves or facemasks during training (although spectators may choose to wear masks).</p>	<p>Coaches / Players</p> <p>Coaches / Players</p>

<p>Inadequate PPE provision / disposal</p> <p>Inadequate procedures for managing medical needs</p>	<p>from exposure to COVID-19</p>	<p>Players will be encouraged to self-administer first aid for minor injuries under the supervision of the coach from a 2m distance.</p> <p>Where it is not possible to self-administer first aid treatment, coaches can break the 2m distancing rule but should use gloves/masks to reduce the risk of cross-infection.</p> <p>Disposal of PPE (including tissues) in line with government guidelines:</p> <ul style="list-style-type: none"> • put it in a plastic rubbish bag and tie it when full • place the plastic bag in a second bin bag and tie it • put it in a suitable and secure place for 72 hours, before disposing in general waste 	<p>Coaches / Players</p> <p>Coaches / Players</p> <p>Coaches</p>
<p>Behaviour</p> <p>Poor behaviour choices putting others at increased risk</p>	<p>All stakeholders including coaches and players who may become infected and suffer ill health from exposure to COVID-19</p>	<p>Players must follow the instructions given by coaches to keep them safe.</p> <p>Players must not spit /clear their noses during training, except for into a tissue which must be disposed of as described above.</p> <p>Players failing to follow instructions and compromising the safety of other players / coaches will result in parents being asked to collect and take them home.</p>	<p>Players</p> <p>Players / Coaches</p> <p>Players / Coaches / Parents</p>
<p>Prepared by:</p>	<p>Joanne Draper</p>		
<p>Date:</p>	<p>07.06.20</p>		
<p>Review date:</p>	<p>07.07.20 (or before if new guidance is issued)</p>		