

Covid-19 Training Sessions Briefing

Chadderton FC Juniors



Manchester FA have issued guidance, consistent with Government Advice, which outlines how grassroots football clubs can resume training sessions:

<http://www.manchesterfa.com/news/2020/jun/01/updated-guidance-to-permitted-football-activity-during-covid19>

The management committee at Chadderton FC Juniors have developed this briefing pack to support coaches, players and parents.










Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

Help Keep our Players and Coaches Safe

Information for Parents








-  Please speak to your child about the importance of the 2m rule.
-  We DO NOT recommend the use of surgical gloves/masks for players.
-  Players must wash their hands before and after each session.
-  Sessions will be non contact, working on developing ball skills and fitness.
-  Players will be put into groups; this will be shared with you before the session.
-  Please do not arrive more than 5 minutes before the start time.
-  All players should bring their own drink, and place it 2m from another.

Help Keep our Players and Coaches Safe

Information for Parents



-  Spectators should adhere to the 2m social distancing rule at all times.
-  Coaches will consistently apply the 2m rule during session although parents need to be aware that some players may inadvertently forget.
-  Please do not approach the coach before, during or after the session, instead make contact at another time by phone call or text message.
-  Coaches will only approach parents if there has been an incident involving your child. They may call you after the session with any other issues.
-  Should you or a member of your household display symptoms please inform your coach as soon as possible.

Help Keep our Players and Coaches Safe

Information for Parents



Players must not spit or clear their nose on the training pitch

Your child is expected to follow the instructions given by their coach









at all times. If they are unable to follow these instructions and their behaviour puts other players / coaches at risk, you will be asked to collect them and take them home.

Help Keep our Players and Coaches Safe

Information for Coaches



-  Coaches will keep 2m distance from players at all times (except 1st Aid).
-  We DO NOT recommend the use of surgical gloves/masks for coaches.
-  Coaches must wash their hands before and after each session.
-  Coaches will ensure the first aid kit is available by the training area.
-  Coaches will ensure all equipment is cleaned before and after each session.
-  Coaches will consistently apply the 2m rule during sessions although some players may inadvertently forget at times.

Help Keep our Players and Coaches Safe

Information for Coaches



Coaches will use their own football, not a player's if a demonstration is required



If any coach displays symptoms, they will inform the club secretary and must follow the government guidelines around testing and self-isolation before being allowed to recommence sessions



First Aid



As always, the safety of our players is paramount.

Each coach will have their team's first aid badge within the training area.

Players will be encouraged to self-administer treatment for minor injuries under the supervision of the coach whilst adhering to the 2m rule.

At the end of the session the player will be escorted to their parent by the coach to handover about the incident whilst adhering to the 2m rule

The coach will report the incident to the club via email to be recorded in the injury book.

For more serious injuries players will be treated by the coach who is first aid trained and will wear appropriate PPE.



For the full risk assessment please visit:

<http://chaddertonfcjuniors.co.uk/themes/Community/webroot/images/uploads/Documents/Chadderton%20FC%20Juniors%20Covid-19%20Risk%20assesment.pdf.pdf>

**If you have any further queries, please contact
your child's coach in the first instance.**

Stay safe - Chadderton FC Juniors